

SUNDAY LUNCH

MENU

STARTER

THAI FISHCAKE

€11.30

HARISSA MAYO, SOY & GINGER GLAZE (1, 4, 5, 7, 12, 13)

CHICKEN BACON SALAD

€11.50

MIXED LEAF SALAD, GARLIC CROUTONS & BALSAMIC SALAD DRESSING (3, 4, 7, 13)

CHEFS FRESHLY PREPARED SOUP OF THE DAY

€7.25

BROWN SODA BREAD (5, 7, 9, 14)

GOLDEN FRIED SOFT BRIE

€11.30

RED CURRANT JAM (1, 5, 7, 13)

CONFIT DUCK LEG

€12.00

PICKLED BEETROOT, ORANGE SEGMENT, VINAIGRETTE SALAD & RED WINE JUS (4, 9, 13, 14)

MAIN COURSE

<div><div>8OZ STEAK BURGER*</div><div>€20.50</div><div>BRIOCHE BAP, SMOKED BACON, CHEDDAR CHEESE, HOMEMADE ONION RINGS, TOMATO, LETTUCE & BALLYMALOE RELISH, PICKLED GHERKINS (1, 3, 4, 5, 7, 13, 14)</div></div>	<div><div>VEGETARIAN & VEGAN COURSES</div></div>
<div><div>THYME MARINATED CHICKEN SUPREME (GF)</div><div>€24.50</div><div>ROAST VEGETABLES, BUTTERED CABBAGE, WHITE WINE & CREAMY MUSHROOMS SAUCE, ROAST POTATOES (4, 5, 9, 14)</div></div>	<div><div>SPINACH & RICOTTA RAVIOLI</div><div>€23.20</div><div>BLUE CHEESE, BABY SPINACH, WHITE WINE CREAM SAUCE & GARLIC BREAD (1, 5, 7A, 7D, 14)</div></div>
<div><div>10 OZ SIRLOIN STEAK*</div><div>€35.50</div><div>WILD MUSHROOMS, BABY SPINACH & HOMEMADE ONION RINGS (COOKED TO YOUR LIKING) SERVED WITH CRISPY SKINNY CHIPS OR SIDE ORDER (4, 5, 7, 14)</div></div>	<div><div>VEGAN MADRAS CURRY</div><div>€22.00</div><div>BASMATI RICE (13)</div></div>
<div><div>SPRINGFORT SIGNATURE BEEF* (GF)</div><div>€26.50</div><div>FEATHER BLADE OF BEEF SLOWLY BRAISED FOR TWELVE HOURS CREAMY MASH POTATO & CHUNKY ROASTED ROOT VEGETABLES, RICH GRAVY (4, 5, 9, 14)</div></div>	
<div><div>BEER BATTERED FISH & CHIPS</div><div>€24.00</div><div>PETIT POIS, GREEN SALAD & TARTAR SAUCE (1, 7, 10, 12, 13) (WHEAT FREE OPTION AVAILABLE)</div></div>	
<div><div>ROAST LEG OF LAMB</div><div>€26.50</div><div>CREAMY MASHED POTATO, CHUNKY ROASTED VEGETABLES, MIX GARDEN GREEN VEGETABLES, DUCK FAT ROAST POTATOES & RICH GRAVY (4, 5, 9, 14)</div></div>	

MENU

HOMEMADE DESSERTS

WARM BRAMLEY APPLE DEEP DISH PIE VANILLA ICE CREAM & CRÈME ANGLAISE (1, 5, 7)	€9.60
OREO CHEESECAKE CHOCOLATE SAUCE & FRESH CREAM (4, 5, 6A, 7A, 14)	€9.60
FLOURLESS CHOCOLATE BROWNIE (GF) CHOCOLATE SAUCE & ICE CREAM (1, 4, 5, 6A)	€9.60
PRALINE MERINGUE ROULADE (GF) ROAST HAZELNUT & FRESH CHANTILLY CREAM (1, 5, 6D, 14)	€9.60
VANILLA CRÈME BRÛLÉE CRUNCHY ALMOND BISCOTTI (6A, 6D, 7A) BISCOTTI FREE OPTION AVAILABLE GF (1, 5)	€9.60
STICKY TOFFEE PUDDING TOFFEE SAUCE & VANILLA ICE CREAM, FRESH CREAM (1, 4, 5, 7A)	€9.60

SIDE ORDERS

CRISPY SKINNY CHIPS / SEASONAL VEGETABLES / CRISPY ONION RINGS	€5.00 PER PORTION
SWEET POTATO CHIPS / HOUSE SALAD	€5.00 PER PORTION

BEVERAGES

TEA (BEWLEY’S, EARL GREY, DARJEELING, DECAF, HERBAL, GREEN)	€3.75
COFFEE	
AMERICANO	€4.00
DOUBLE SHOT AMERICANO COFFEE	€3.90
ESPRESSO	€4.00
DOUBLE SHOT ESPRESSO	€4.20
LATTE	€4.20
DOUBLE SHOT LATTE	€4.70
CAPPUCCINO	€4.20
DOUBLE SHOT CAPPUCCINO	€4.70
DECAF COFFEE	€3.30
IRISH COFFEE	€8.50
FRENCH COFFEE (BRANDY)	€8.50
CALYPSO COFFEE (TIA MARIA)	€8.50
SWISS COFFEE (COINTREAU)	€8.50
SPRINGFORT HOT CHOCOLATE	€4.20

ALLERGENS

LISTED BELOW ARE THE 14 MAJOR FOOD ALLERGENS

1 – EGGS / 2-LUPIN PRODUCTS / 3-SESAME PRODUCTS / 4-SOYA PRODUCTS / 5-DAIRY PRODUCTS / 6A-
NUTS, ALMOND; 6B-WALNUT; 6C-CASHEW; 6D-HAZELNUT / 7A-GLUTEN, WHEAT; 7B-BARLEY;
7C-OAT; 7D-RYE / 8- PEANUTS / 9-CELERY / 10-CRUSTACEANS / 11-MOLLUSCS / 12-FISH /
13-MUSTARD / 14-SULPHITES

PLEASE ASK THE SERVER IF YOU WOULD LIKE ANY FURTHER INFORMATION REGARDING THE DISH OF
YOUR CHOICE.

*ALL OUR BEEF IS OF IRISH ORIGIN