

SUNDAY LUNCH MENU

STARTERS

Thai Fishcake	€9.40
Harissa Mayo, Soy & Ginger Glaze <i>(1, 4, 5, 7, 12, 13)</i>	
Warm Chicken Caesar Salad	€9.50
Mixed Leaf Salad, Croutons, Parmesan Cheese, Bacon Bits <i>(1, 5, 7, 12)</i>	
Chefs Freshly Prepared Soup of the Day	€6.00
Brown Soda Bread <i>(5, 7, 9)</i>	
Golden Fried Soft Brie	€9.25
Red Currant Jam <i>(5, 7, 13)</i>	

MAIN COURSES

Madras Curry	Prawn - €20.00
Basmati Rice	Chicken - €19.00
8oz Steak Burger*	€17.70
Brioche Bap, Smoked Bacon, Applewood Cheese, Homemade Onion Rings, Pickles <i>(1, 3, 5, 7, 13, 14)</i>	
Thyme Marinated Chicken Supreme	€20.00
Winter Roast Vegetables, Herb Mash Potato & Rich Gravy, Roast Potato <i>(5, 9, 14)</i>	
10 oz Black Angus Sirloin Steak*	€28.50
Wild Mushrooms, Baby Spinach & Homemade Onion Rings <i>(Cooked to your liking)</i> <i>Served with Crispy Skinny Chips or Side Order</i> <i>(5, 7, 14)</i>	
Beer Battered Fish & Chips	€19.50
Petit Pois, Green Salad & Tartar Sauce <i>(Wheat free option available)</i> <i>(1, 7, 10, 12, 13)</i>	
Springfort Signature Beef*	€21.00
Feather Blade of Beef Slowly Braised for Twelve Hours Creamy Mash Potato & Chunky Roast Vegetables <i>(5, 9, 14)</i>	
Crispy Chicken Bap	€15.00
Brioche Bap, Chilli Mayo, Lettuce & Crispy Skinny Chips, Pickled Red Onion <i>(1, 5, 7, 13, 14)</i>	

VEGETARIAN & VEGAN COURSES

Spinach & Ricotta Ravioli	€19.50
Blue Cheese, Baby Spinach, White Wine Cream Sauce & Garlic Bread <i>(1, 5, 7, 14)</i>	
Vegan Madras Curry	€19.00
Lentil Dahl, Basmati Rice	

SIDE ORDERS

Crispy Skinny Chips / Seasonal Vegetables / Crispy Onion Rings
€3.50 per Portion

Sweet Potato Chips / House Salad
€4.50 per Portion

ALLERGENS

Listed below are the 14 major food allergens

1 – Eggs / 2-Lupin Products / 3-Sesame Products / 4-Soya Products / 5-Dairy Products /
6-Tree Nuts / 7-Gluten / 8- Peanuts / 9-Celery / 10-Crustaceans / 11-Molluscs / 12-Fish /
13-Mustard / 14-Sulphites

Please ask the server if you would like any further information regarding the dish of your choice.

***ALL OUR BEEF IS OF IRISH ORIGIN**

HOMEMADE DESSERTS

Warm Bramley Apple Deep Dish Pie	€7.50
Vanilla Ice Cream & Crème Anglaise (1, 5, 7)	
Baileys Cheesecake	€7.50
Chocolate Flakes (5, 7, 14)	
Flourless Chocolate Brownie (GF)	€7.50
Chocolate Sauce & Ice Cream (1, 5, 6)	
Lemon Curd Meringue Roulade (GF)	€7.50
Raspberry Coulis (1, 5, 14)	
Crème Brûlée	€7.50
Biscotti (1, 5, 6, 7)	

BEVERAGES

Tea	€3.00
(Bewley's, Earl Grey, Darjeeling, Decaf, Herbal, Green)	
Coffee	
Americano	€3.50
Double Shot Americano Coffee	€3.70
Espresso	€3.50
Double Shot Espresso	€3.70
Latte	€3.80
Double Shot Latte	€4.20
Cappuccino	€3.80
Double Shot Cappuccino	€4.20
Decaf Coffee	€3.00
Irish Coffee	€8.00
French Coffee (Brandy)	€8.00
Calypso Coffee (Tia Maria)	€8.00
Swiss Coffee (Cointreau)	€8.00
Springfort Hot Chocolate	€3.80

SUNDAY LUNCH MENU

STARTERS

Thai Fishcake	€9.40
Harissa Mayo, Soy & Ginger Glaze <i>(1, 4, 5, 7, 12, 13)</i>	
Warm Chicken Caesar Salad	€9.50
Mixed Leaf Salad, Croutons, Parmesan Cheese, Bacon Bits <i>(1, 5, 7, 12)</i>	
Chefs Freshly Prepared Soup of the Day	€6.00
Brown Soda Bread <i>(5, 7, 9)</i>	
Golden Fried Soft Brie	€9.25
Red Currant Jam <i>(5, 7, 13)</i>	

MAIN COURSES

Madras Curry	Prawn - €20.00
Basmati Rice	Chicken - €19.00
8oz Steak Burger*	€17.70
Brioche Bap, Smoked Bacon, Applewood Cheese, Homemade Onion Rings, Pickles <i>(1, 3, 5, 7, 13, 14)</i>	
Thyme Marinated Chicken Supreme	€20.00
Winter Roast Vegetables, Herb Mash Potato & Rich Gravy, Roast Potato <i>(5, 9, 14)</i>	
10 oz Black Angus Sirloin Steak*	€28.50
Wild Mushrooms, Baby Spinach & Homemade Onion Rings <i>(Cooked to your liking)</i> <i>Served with Crispy Skinny Chips or Side Order</i> <i>(5, 7, 14)</i>	
Beer Battered Fish & Chips	€ 19.50
Petit Pois, Green Salad & Tartar Sauce <i>(Wheat free option available)</i> <i>(1, 7, 10, 12, 13)</i>	
Springfort Signature Beef*	€21.00
Feather Blade of Beef Slowly Braised for Twelve Hours Creamy Mash Potato & Chunky Roast Vegetables <i>(5, 9, 14)</i>	
Crispy Chicken Bap	€15.00
Brioche Bap, Chilli Mayo, Lettuce & Crispy Skinny Chips, Pickled Red Onion <i>(1, 5, 7, 13, 14)</i>	

VEGETARIAN & VEGAN COURSES

Spinach & Ricotta Ravioli	€19.50
Blue Cheese, Baby Spinach, White Wine Cream Sauce & Garlic Bread <i>(1, 5, 7, 14)</i>	
Vegan Madras Curry	€19.00
Lentil Dahl, Basmati Rice	

SIDE ORDERS

Crispy Skinny Chips / Seasonal Vegetables / Crispy Onion Rings
€3.50 per Portion

Sweet Potato Chips / House Salad
€4.50 per Portion

ALLERGENS

Listed below are the 14 major food allergens

1 – Eggs / 2-Lupin Products / 3-Sesame Products / 4-Soya Products / 5-Dairy Products /
6-Tree Nuts / 7-Gluten / 8- Peanuts / 9-Celery / 10-Crustaceans / 11-Molluscs / 12-Fish /
13-Mustard / 14-Sulphites

Please ask the server if you would like any further information regarding the dish of your choice.

***ALL OUR BEEF IS OF IRISH ORIGIN**

HOMEMADE DESSERTS

Warm Bramley Apple Deep Dish Pie	€7.50
Vanilla Ice Cream & Crème Anglaise (1, 5, 7)	
Baileys Cheesecake	€7.50
Chocolate Flakes (5, 7, 14)	
Flourless Chocolate Brownie (GF)	€7.50
Chocolate Sauce & Ice Cream (1, 5, 6)	
Lemon Curd Meringue Roulade (GF)	€7.50
Raspberry Coulis (1, 5, 14)	
Crème Brûlée	€7.50
Biscotti (1, 5, 6, 7)	

BEVERAGES

Tea	€3.00
(Bewley's, Earl Grey, Darjeeling, Decaf, Herbal, Green)	
Coffee	
Americano	€3.50
Double Shot Americano Coffee	€3.70
Espresso	€3.50
Double Shot Espresso	€3.70
Latte	€3.80
Double Shot Latte	€4.20
Cappuccino	€3.80
Double Shot Cappuccino	€4.20
Decaf Coffee	€3.00
Irish Coffee	€8.00
French Coffee (Brandy)	€8.00
Calypso Coffee (Tia Maria)	€8.00
Swiss Coffee (Cointreau)	€8.00
Springfort Hot Chocolate	€3.80

SUNDAY LUNCH MENU

STARTERS

Thai Fishcake	€9.40
Harissa Mayo, Soy & Ginger Glaze <i>(1, 4, 5, 7, 12, 13)</i>	
Warm Chicken Caesar Salad	€9.50
Mixed Leaf Salad, Croutons, Parmesan Cheese, Bacon Bits <i>(1, 5, 7, 12)</i>	
Chefs Freshly Prepared Soup of the Day	€6.00
Brown Soda Bread <i>(5, 7, 9)</i>	
Golden Fried Soft Brie	€9.25
Red Currant Jam <i>(5, 7, 13)</i>	

MAIN COURSES

Madras Curry	Prawn - €20.00
Basmati Rice	Chicken - €19.00
8oz Steak Burger*	€17.70
Brioche Bap, Smoked Bacon, Applewood Cheese, Homemade Onion Rings, Pickles <i>(1, 3, 5, 7, 13, 14)</i>	
Thyme Marinated Chicken Supreme	€20.00
Winter Roast Vegetables, Herb Mash Potato & Rich Gravy, Roast Potato <i>(5, 9, 14)</i>	
10 oz Black Angus Sirloin Steak*	€28.50
Wild Mushrooms, Baby Spinach & Homemade Onion Rings <i>(Cooked to your liking)</i> <i>Served with Crispy Skinny Chips or Side Order</i> <i>(5, 7, 14)</i>	
Beer Battered Fish & Chips	€19.50
Petit Pois, Green Salad & Tartar Sauce <i>(Wheat free option available)</i> <i>(1, 7, 10, 12, 13)</i>	
Springfort Signature Beef*	€21.00
Feather Blade of Beef Slowly Braised for Twelve Hours Creamy Mash Potato & Chunky Roast Vegetables <i>(5, 9, 14)</i>	
Crispy Chicken Bap	€15.00
Brioche Bap, Chilli Mayo, Lettuce & Crispy Skinny Chips, Pickled Red Onion <i>(1, 5, 7, 13, 14)</i>	

VEGETARIAN & VEGAN COURSES

Spinach & Ricotta Ravioli	€19.50
Blue Cheese, Baby Spinach, White Wine Cream Sauce & Garlic Bread <i>(1, 5, 7, 14)</i>	
Vegan Madras Curry	€19.00
Lentil Dahl, Basmati Rice	

SIDE ORDERS

Crispy Skinny Chips / Seasonal Vegetables / Crispy Onion Rings
€3.50 per Portion

Sweet Potato Chips / House Salad
€4.50 per Portion

ALLERGENS

Listed below are the 14 major food allergens

1 – Eggs / 2-Lupin Products / 3-Sesame Products / 4-Soya Products / 5-Dairy Products /
6-Tree Nuts / 7-Gluten / 8- Peanuts / 9-Celery / 10-Crustaceans / 11-Molluscs / 12-Fish /
13-Mustard / 14-Sulphites

Please ask the server if you would like any further information regarding the dish of your choice.

***ALL OUR BEEF IS OF IRISH ORIGIN**

HOMEMADE DESSERTS

Warm Bramley Apple Deep Dish Pie	€7.50
Vanilla Ice Cream & Crème Anglaise (1, 5, 7)	
Baileys Cheesecake	€7.50
Chocolate Flakes (5, 7, 14)	
Flourless Chocolate Brownie (GF)	€7.50
Chocolate Sauce & Ice Cream (1, 5, 6)	
Lemon Curd Meringue Roulade (GF)	€7.50
Raspberry Coulis (1, 5, 14)	
Crème Brûlée	€7.50
Biscotti (1, 5, 6, 7)	

BEVERAGES

Tea	€3.00
(Bewley's, Earl Grey, Darjeeling, Decaf, Herbal, Green)	
Coffee	
Americano	€3.50
Double Shot Americano Coffee	€3.70
Espresso	€3.50
Double Shot Espresso	€3.70
Latte	€3.80
Double Shot Latte	€4.20
Cappuccino	€3.80
Double Shot Cappuccino	€4.20
Decaf Coffee	€3.00
Irish Coffee	€8.00
French Coffee (Brandy)	€8.00
Calypso Coffee (Tia Maria)	€8.00
Swiss Coffee (Cointreau)	€8.00
Springfort Hot Chocolate	€3.80

SUNDAY LUNCH MENU

STARTERS

Thai Fishcake	€9.40
Harissa Mayo, Soy & Ginger Glaze <i>(1, 4, 5, 7, 12, 13)</i>	
Warm Chicken Caesar Salad	€9.50
Mixed Leaf Salad, Croutons, Parmesan Cheese, Bacon Bits <i>(1, 5, 7, 12)</i>	
Chefs Freshly Prepared Soup of the Day	€6.00
Brown Soda Bread <i>(5, 7, 9)</i>	
Golden Fried Soft Brie	€9.25
Red Currant Jam <i>(5, 7, 13)</i>	

MAIN COURSES

Madras Curry	Prawn - €20.00
Basmati Rice	Chicken - €19.00
8oz Steak Burger*	€17.70
Brioche Bap, Smoked Bacon, Applewood Cheese, Homemade Onion Rings, Pickles <i>(1, 3, 5, 7, 13, 14)</i>	
Thyme Marinated Chicken Supreme	€20.00
Winter Roast Vegetables, Herb Mash Potato & Rich Gravy, Roast Potato <i>(5, 9, 14)</i>	
10 oz Black Angus Sirloin Steak*	€28.50
Wild Mushrooms, Baby Spinach & Homemade Onion Rings <i>(Cooked to your liking)</i> <i>Served with Crispy Skinny Chips or Side Order</i> <i>(5, 7, 14)</i>	
Beer Battered Fish & Chips	€19.50
Petit Pois, Green Salad & Tartar Sauce <i>(Wheat free option available)</i> <i>(1, 7, 10, 12, 13)</i>	
Springfort Signature Beef*	€21.00
Feather Blade of Beef Slowly Braised for Twelve Hours Creamy Mash Potato & Chunky Roast Vegetables <i>(5, 9, 14)</i>	
Crispy Chicken Bap	€15.00
Brioche Bap, Chilli Mayo, Lettuce & Crispy Skinny Chips, Pickled Red Onion <i>(1, 5, 7, 13, 14)</i>	

VEGETARIAN & VEGAN COURSES

Spinach & Ricotta Ravioli	€19.50
Blue Cheese, Baby Spinach, White Wine Cream Sauce & Garlic Bread <i>(1, 5, 7, 14)</i>	
Vegan Madras Curry	€19.00
Lentil Dahl, Basmati Rice	

SIDE ORDERS

Crispy Skinny Chips / Seasonal Vegetables / Crispy Onion Rings
€3.50 per Portion

Sweet Potato Chips / House Salad
€4.50 per Portion

ALLERGENS

Listed below are the 14 major food allergens

1 – Eggs / 2-Lupin Products / 3-Sesame Products / 4-Soya Products / 5-Dairy Products /
6-Tree Nuts / 7-Gluten / 8- Peanuts / 9-Celery / 10-Crustaceans / 11-Molluscs / 12-Fish /
13-Mustard / 14-Sulphites

Please ask the server if you would like any further information regarding the dish of your choice.

***ALL OUR BEEF IS OF IRISH ORIGIN**

HOMEMADE DESSERTS

Warm Bramley Apple Deep Dish Pie	€7.50
Vanilla Ice Cream & Crème Anglaise (1, 5, 7)	
Baileys Cheesecake	€7.50
Chocolate Flakes (5, 7, 14)	
Flourless Chocolate Brownie (GF)	€7.50
Chocolate Sauce & Ice Cream (1, 5, 6)	
Lemon Curd Meringue Roulade (GF)	€7.50
Raspberry Coulis (1, 5, 14)	
Crème Brûlée	€7.50
Biscotti (1, 5, 6, 7)	

BEVERAGES

Tea	€3.00
(Bewley's, Earl Grey, Darjeeling, Decaf, Herbal, Green)	
Coffee	
Americano	€3.50
Double Shot Americano Coffee	€3.70
Espresso	€3.50
Double Shot Espresso	€3.70
Latte	€3.80
Double Shot Latte	€4.20
Cappuccino	€3.80
Double Shot Cappuccino	€4.20
Decaf Coffee	€3.00
Irish Coffee	€8.00
French Coffee (Brandy)	€8.00
Calypso Coffee (Tia Maria)	€8.00
Swiss Coffee (Cointreau)	€8.00
Springfort Hot Chocolate	€3.80

SUNDAY LUNCH MENU

STARTERS

Thai Fishcake	€9.40
Harissa Mayo, Soy & Ginger Glaze <i>(1, 4, 5, 7, 12, 13)</i>	
Warm Chicken Caesar Salad	€9.50
Mixed Leaf Salad, Croutons, Parmesan Cheese, Bacon Bits <i>(1, 5, 7, 12)</i>	
Chefs Freshly Prepared Soup of the Day	€6.00
Brown Soda Bread <i>(5, 7, 9)</i>	
Golden Fried Soft Brie	€9.25
Red Currant Jam <i>(5, 7, 13)</i>	

MAIN COURSES

Madras Curry	Prawn - €20.00
Basmati Rice	Chicken - €19.00
8oz Steak Burger*	€17.70
Brioche Bap, Smoked Bacon, Applewood Cheese, Homemade Onion Rings, Pickles <i>(1, 3, 5, 7, 13, 14)</i>	
Thyme Marinated Chicken Supreme	€20.00
Winter Roast Vegetables, Herb Mash Potato & Rich Gravy, Roast Potato <i>(5, 9, 14)</i>	
10 oz Black Angus Sirloin Steak*	€28.50
Wild Mushrooms, Baby Spinach & Homemade Onion Rings <i>(Cooked to your liking)</i> <i>Served with Crispy Skinny Chips or Side Order</i> <i>(5, 7, 14)</i>	
Beer Battered Fish & Chips	€19.50
Petit Pois, Green Salad & Tartar Sauce <i>(Wheat free option available)</i> <i>(1, 7, 10, 12, 13)</i>	
Springfort Signature Beef*	€21.00
Feather Blade of Beef Slowly Braised for Twelve Hours Creamy Mash Potato & Chunky Roast Vegetables <i>(5, 9, 14)</i>	
Crispy Chicken Bap	€15.00
Brioche Bap, Chilli Mayo, Lettuce & Crispy Skinny Chips, Pickled Red Onion <i>(1, 5, 7, 13, 14)</i>	

VEGETARIAN & VEGAN COURSES

Spinach & Ricotta Ravioli	€19.50
Blue Cheese, Baby Spinach, White Wine Cream Sauce & Garlic Bread <i>(1, 5, 7, 14)</i>	
Vegan Madras Curry	€19.00
Lentil Dahl, Basmati Rice	

SIDE ORDERS

Crispy Skinny Chips / Seasonal Vegetables / Crispy Onion Rings
€3.50 per Portion

Sweet Potato Chips / House Salad
€4.50 per Portion

ALLERGENS

Listed below are the 14 major food allergens

1 – Eggs / 2-Lupin Products / 3-Sesame Products / 4-Soya Products / 5-Dairy Products /
6-Tree Nuts / 7-Gluten / 8- Peanuts / 9-Celery / 10-Crustaceans / 11-Molluscs / 12-Fish /
13-Mustard / 14-Sulphites

Please ask the server if you would like any further information regarding the dish of your choice.

***ALL OUR BEEF IS OF IRISH ORIGIN**

HOMEMADE DESSERTS

Warm Bramley Apple Deep Dish Pie	€7.50
Vanilla Ice Cream & Crème Anglaise (1, 5, 7)	
Baileys Cheesecake	€7.50
Chocolate Flakes (5, 7, 14)	
Flourless Chocolate Brownie (GF)	€7.50
Chocolate Sauce & Ice Cream (1, 5, 6)	
Lemon Curd Meringue Roulade (GF)	€7.50
Raspberry Coulis (1, 5, 14)	
Crème Brûlée	€7.50
Biscotti (1, 5, 6, 7)	

BEVERAGES

Tea	€3.00
(Bewley's, Earl Grey, Darjeeling, Decaf, Herbal, Green)	
Coffee	
Americano	€3.50
Double Shot Americano Coffee	€3.70
Espresso	€3.50
Double Shot Espresso	€3.70
Latte	€3.80
Double Shot Latte	€4.20
Cappuccino	€3.80
Double Shot Cappuccino	€4.20
Decaf Coffee	€3.00
Irish Coffee	€8.00
French Coffee (Brandy)	€8.00
Calypso Coffee (Tia Maria)	€8.00
Swiss Coffee (Cointreau)	€8.00
Springfort Hot Chocolate	€3.80

SUNDAY LUNCH MENU

STARTERS

Thai Fishcake	€9.40
Harissa Mayo, Soy & Ginger Glaze <i>(1, 4, 5, 7, 12, 13)</i>	
Warm Chicken Caesar Salad	€9.50
Mixed Leaf Salad, Croutons, Parmesan Cheese, Bacon Bits <i>(1, 5, 7, 12)</i>	
Chefs Freshly Prepared Soup of the Day	€6.00
Brown Soda Bread <i>(5, 7, 9)</i>	
Golden Fried Soft Brie	€9.25
Red Currant Jam <i>(5, 7, 13)</i>	

MAIN COURSES

Madras Curry	Prawn - €20.00
Basmati Rice	Chicken - €19.00
8oz Steak Burger*	€17.70
Brioche Bap, Smoked Bacon, Applewood Cheese, Homemade Onion Rings, Pickles <i>(1, 3, 5, 7, 13, 14)</i>	
Thyme Marinated Chicken Supreme	€20.00
Winter Roast Vegetables, Herb Mash Potato & Rich Gravy, Roast Potato <i>(5, 9, 14)</i>	
10 oz Black Angus Sirloin Steak*	€28.50
Wild Mushrooms, Baby Spinach & Homemade Onion Rings <i>(Cooked to your liking)</i> <i>Served with Crispy Skinny Chips or Side Order</i> <i>(5, 7, 14)</i>	
Beer Battered Fish & Chips	€19.50
Petit Pois, Green Salad & Tartar Sauce <i>(Wheat free option available)</i> <i>(1, 7, 10, 12, 13)</i>	
Springfort Signature Beef*	€21.00
Feather Blade of Beef Slowly Braised for Twelve Hours Creamy Mash Potato & Chunky Roast Vegetables <i>(5, 9, 14)</i>	
Crispy Chicken Bap	€15.00
Brioche Bap, Chilli Mayo, Lettuce & Crispy Skinny Chips, Pickled Red Onion <i>(1, 5, 7, 13, 14)</i>	

VEGETARIAN & VEGAN COURSES

Spinach & Ricotta Ravioli	€19.50
Blue Cheese, Baby Spinach, White Wine Cream Sauce & Garlic Bread <i>(1, 5, 7, 14)</i>	
Vegan Madras Curry	€19.00
Lentil Dahl, Basmati Rice	

SIDE ORDERS

Crispy Skinny Chips / Seasonal Vegetables / Crispy Onion Rings
€3.50 per Portion

Sweet Potato Chips / House Salad
€4.50 per Portion

ALLERGENS

Listed below are the 14 major food allergens

1 – Eggs / 2-Lupin Products / 3-Sesame Products / 4-Soya Products / 5-Dairy Products /
6-Tree Nuts / 7-Gluten / 8- Peanuts / 9-Celery / 10-Crustaceans / 11-Molluscs / 12-Fish /
13-Mustard / 14-Sulphites

Please ask the server if you would like any further information regarding the dish of your choice.

***ALL OUR BEEF IS OF IRISH ORIGIN**

HOMEMADE DESSERTS

Warm Bramley Apple Deep Dish Pie	€7.50
Vanilla Ice Cream & Crème Anglaise (1, 5, 7)	
Baileys Cheesecake	€7.50
Chocolate Flakes (5, 7, 14)	
Flourless Chocolate Brownie (GF)	€7.50
Chocolate Sauce & Ice Cream (1, 5, 6)	
Lemon Curd Meringue Roulade (GF)	€7.50
Raspberry Coulis (1, 5, 14)	
Crème Brûlée	€7.50
Biscotti (1, 5, 6, 7)	

BEVERAGES

Tea	€3.00
(Bewley's, Earl Grey, Darjeeling, Decaf, Herbal, Green)	
Coffee	
Americano	€3.50
Double Shot Americano Coffee	€3.70
Espresso	€3.50
Double Shot Espresso	€3.70
Latte	€3.80
Double Shot Latte	€4.20
Cappuccino	€3.80
Double Shot Cappuccino	€4.20
Decaf Coffee	€3.00
Irish Coffee	€8.00
French Coffee (Brandy)	€8.00
Calypso Coffee (Tia Maria)	€8.00
Swiss Coffee (Cointreau)	€8.00
Springfort Hot Chocolate	€3.80

SUNDAY LUNCH MENU

STARTERS

Thai Fishcake	€9.40
Harissa Mayo, Soy & Ginger Glaze <i>(1, 4, 5, 7, 12, 13)</i>	
Warm Chicken Caesar Salad	€9.50
Mixed Leaf Salad, Croutons, Parmesan Cheese, Bacon Bits <i>(1, 5, 7, 12)</i>	
Chefs Freshly Prepared Soup of the Day	€6.00
Brown Soda Bread <i>(5, 7, 9)</i>	
Golden Fried Soft Brie	€9.25
Red Currant Jam <i>(5, 7, 13)</i>	

MAIN COURSES

Madras Curry	Prawn - €20.00
Basmati Rice	Chicken - €19.00
8oz Steak Burger*	€17.70
Brioche Bap, Smoked Bacon, Applewood Cheese, Homemade Onion Rings, Pickles <i>(1, 3, 5, 7, 13, 14)</i>	
Thyme Marinated Chicken Supreme	€20.00
Winter Roast Vegetables, Herb Mash Potato & Rich Gravy, Roast Potato <i>(5, 9, 14)</i>	
10 oz Black Angus Sirloin Steak*	€28.50
Wild Mushrooms, Baby Spinach & Homemade Onion Rings <i>(Cooked to your liking)</i> <i>Served with Crispy Skinny Chips or Side Order</i> <i>(5, 7, 14)</i>	
Beer Battered Fish & Chips	€ 19.50
Petit Pois, Green Salad & Tartar Sauce <i>(Wheat free option available)</i> <i>(1, 7, 10, 12, 13)</i>	
Springfort Signature Beef*	€21.00
Feather Blade of Beef Slowly Braised for Twelve Hours Creamy Mash Potato & Chunky Roast Vegetables <i>(5, 9, 14)</i>	
Crispy Chicken Bap	€15.00
Brioche Bap, Chilli Mayo, Lettuce & Crispy Skinny Chips, Pickled Red Onion <i>(1, 5, 7, 13, 14)</i>	

VEGETARIAN & VEGAN COURSES

Spinach & Ricotta Ravioli	€19.50
Blue Cheese, Baby Spinach, White Wine Cream Sauce & Garlic Bread <i>(1, 5, 7, 14)</i>	
Vegan Madras Curry	€19.00
Lentil Dahl, Basmati Rice	

SIDE ORDERS

Crispy Skinny Chips / Seasonal Vegetables / Crispy Onion Rings
€3.50 per Portion

Sweet Potato Chips / House Salad
€4.50 per Portion

ALLERGENS

Listed below are the 14 major food allergens

1 – Eggs / 2-Lupin Products / 3-Sesame Products / 4-Soya Products / 5-Dairy Products /
6-Tree Nuts / 7-Gluten / 8- Peanuts / 9-Celery / 10-Crustaceans / 11-Molluscs / 12-Fish /
13-Mustard / 14-Sulphites

Please ask the server if you would like any further information regarding the dish of your choice.

***ALL OUR BEEF IS OF IRISH ORIGIN**

HOMEMADE DESSERTS

Warm Bramley Apple Deep Dish Pie	€7.50
Vanilla Ice Cream & Crème Anglaise (1, 5, 7)	
Baileys Cheesecake	€7.50
Chocolate Flakes (5, 7, 14)	
Flourless Chocolate Brownie (GF)	€7.50
Chocolate Sauce & Ice Cream (1, 5, 6)	
Lemon Curd Meringue Roulade (GF)	€7.50
Raspberry Coulis (1, 5, 14)	
Crème Brûlée	€7.50
Biscotti (1, 5, 6, 7)	

BEVERAGES

Tea	€3.00
(Bewley's, Earl Grey, Darjeeling, Decaf, Herbal, Green)	
Coffee	
Americano	€3.50
Double Shot Americano Coffee	€3.70
Espresso	€3.50
Double Shot Espresso	€3.70
Latte	€3.80
Double Shot Latte	€4.20
Cappuccino	€3.80
Double Shot Cappuccino	€4.20
Decaf Coffee	€3.00
Irish Coffee	€8.00
French Coffee (Brandy)	€8.00
Calypso Coffee (Tia Maria)	€8.00
Swiss Coffee (Cointreau)	€8.00
Springfort Hot Chocolate	€3.80

SUNDAY LUNCH MENU

STARTERS

Thai Fishcake	€9.40
Harissa Mayo, Soy & Ginger Glaze <i>(1, 4, 5, 7, 12, 13)</i>	
Warm Chicken Caesar Salad	€9.50
Mixed Leaf Salad, Croutons, Parmesan Cheese, Bacon Bits <i>(1, 5, 7, 12)</i>	
Chefs Freshly Prepared Soup of the Day	€6.00
Brown Soda Bread <i>(5, 7, 9)</i>	
Golden Fried Soft Brie	€9.25
Red Currant Jam <i>(5, 7, 13)</i>	

MAIN COURSES

Madras Curry	Prawn - €20.00
Basmati Rice	Chicken - €19.00
8oz Steak Burger*	€17.70
Brioche Bap, Smoked Bacon, Applewood Cheese, Homemade Onion Rings, Pickles <i>(1, 3, 5, 7, 13, 14)</i>	
Thyme Marinated Chicken Supreme	€20.00
Winter Roast Vegetables, Herb Mash Potato & Rich Gravy, Roast Potato <i>(5, 9, 14)</i>	
10 oz Black Angus Sirloin Steak*	€28.50
Wild Mushrooms, Baby Spinach & Homemade Onion Rings <i>(Cooked to your liking)</i> <i>Served with Crispy Skinny Chips or Side Order</i> <i>(5, 7, 14)</i>	
Beer Battered Fish & Chips	€19.50
Petit Pois, Green Salad & Tartar Sauce <i>(Wheat free option available)</i> <i>(1, 7, 10, 12, 13)</i>	
Springfort Signature Beef*	€21.00
Feather Blade of Beef Slowly Braised for Twelve Hours Creamy Mash Potato & Chunky Roast Vegetables <i>(5, 9, 14)</i>	
Crispy Chicken Bap	€15.00
Brioche Bap, Chilli Mayo, Lettuce & Crispy Skinny Chips, Pickled Red Onion <i>(1, 5, 7, 13, 14)</i>	

VEGETARIAN & VEGAN COURSES

Spinach & Ricotta Ravioli	€19.50
Blue Cheese, Baby Spinach, White Wine Cream Sauce & Garlic Bread <i>(1, 5, 7, 14)</i>	
Vegan Madras Curry	€19.00
Lentil Dahl, Basmati Rice	

SIDE ORDERS

Crispy Skinny Chips / Seasonal Vegetables / Crispy Onion Rings
€3.50 per Portion

Sweet Potato Chips / House Salad
€4.50 per Portion

ALLERGENS

Listed below are the 14 major food allergens

1 – Eggs / 2-Lupin Products / 3-Sesame Products / 4-Soya Products / 5-Dairy Products /
6-Tree Nuts / 7-Gluten / 8- Peanuts / 9-Celery / 10-Crustaceans / 11-Molluscs / 12-Fish /
13-Mustard / 14-Sulphites

Please ask the server if you would like any further information regarding the dish of your choice.

***ALL OUR BEEF IS OF IRISH ORIGIN**

HOMEMADE DESSERTS

Warm Bramley Apple Deep Dish Pie	€7.50
Vanilla Ice Cream & Crème Anglaise (1, 5, 7)	
Baileys Cheesecake	€7.50
Chocolate Flakes (5, 7, 14)	
Flourless Chocolate Brownie (GF)	€7.50
Chocolate Sauce & Ice Cream (1, 5, 6)	
Lemon Curd Meringue Roulade (GF)	€7.50
Raspberry Coulis (1, 5, 14)	
Crème Brûlée	€7.50
Biscotti (1, 5, 6, 7)	

BEVERAGES

Tea	€3.00
(Bewley's, Earl Grey, Darjeeling, Decaf, Herbal, Green)	
Coffee	
Americano	€3.50
Double Shot Americano Coffee	€3.70
Espresso	€3.50
Double Shot Espresso	€3.70
Latte	€3.80
Double Shot Latte	€4.20
Cappuccino	€3.80
Double Shot Cappuccino	€4.20
Decaf Coffee	€3.00
Irish Coffee	€8.00
French Coffee (Brandy)	€8.00
Calypso Coffee (Tia Maria)	€8.00
Swiss Coffee (Cointreau)	€8.00
Springfort Hot Chocolate	€3.80

SUNDAY LUNCH MENU

STARTERS

Thai Fishcake	€9.40
Harissa Mayo, Soy & Ginger Glaze <i>(1, 4, 5, 7, 12, 13)</i>	
Warm Chicken Caesar Salad	€9.50
Mixed Leaf Salad, Croutons, Parmesan Cheese, Bacon Bits <i>(1, 5, 7, 12)</i>	
Chefs Freshly Prepared Soup of the Day	€6.00
Brown Soda Bread <i>(5, 7, 9)</i>	
Golden Fried Soft Brie	€9.25
Red Currant Jam <i>(5, 7, 13)</i>	

MAIN COURSES

Madras Curry	Prawn - €20.00
Basmati Rice	Chicken - €19.00
8oz Steak Burger*	€17.70
Brioche Bap, Smoked Bacon, Applewood Cheese, Homemade Onion Rings, Pickles <i>(1, 3, 5, 7, 13, 14)</i>	
Thyme Marinated Chicken Supreme	€20.00
Winter Roast Vegetables, Herb Mash Potato & Rich Gravy, Roast Potato <i>(5, 9, 14)</i>	
10 oz Black Angus Sirloin Steak*	€28.50
Wild Mushrooms, Baby Spinach & Homemade Onion Rings <i>(Cooked to your liking)</i> <i>Served with Crispy Skinny Chips or Side Order</i> <i>(5, 7, 14)</i>	
Beer Battered Fish & Chips	€19.50
Petit Pois, Green Salad & Tartar Sauce <i>(Wheat free option available)</i> <i>(1, 7, 10, 12, 13)</i>	
Springfort Signature Beef*	€21.00
Feather Blade of Beef Slowly Braised for Twelve Hours Creamy Mash Potato & Chunky Roast Vegetables <i>(5, 9, 14)</i>	
Crispy Chicken Bap	€15.00
Brioche Bap, Chilli Mayo, Lettuce & Crispy Skinny Chips, Pickled Red Onion <i>(1, 5, 7, 13, 14)</i>	

VEGETARIAN & VEGAN COURSES

Spinach & Ricotta Ravioli	€19.50
Blue Cheese, Baby Spinach, White Wine Cream Sauce & Garlic Bread <i>(1, 5, 7, 14)</i>	
Vegan Madras Curry	€19.00
Lentil Dahl, Basmati Rice	

SIDE ORDERS

Crispy Skinny Chips / Seasonal Vegetables / Crispy Onion Rings
€3.50 per Portion

Sweet Potato Chips / House Salad
€4.50 per Portion

ALLERGENS

Listed below are the 14 major food allergens

1 – Eggs / 2-Lupin Products / 3-Sesame Products / 4-Soya Products / 5-Dairy Products /
6-Tree Nuts / 7-Gluten / 8- Peanuts / 9-Celery / 10-Crustaceans / 11-Molluscs / 12-Fish /
13-Mustard / 14-Sulphites

Please ask the server if you would like any further information regarding the dish of your choice.

***ALL OUR BEEF IS OF IRISH ORIGIN**

HOMEMADE DESSERTS

Warm Bramley Apple Deep Dish Pie	€7.50
Vanilla Ice Cream & Crème Anglaise (1, 5, 7)	
Baileys Cheesecake	€7.50
Chocolate Flakes (5, 7, 14)	
Flourless Chocolate Brownie (GF)	€7.50
Chocolate Sauce & Ice Cream (1, 5, 6)	
Lemon Curd Meringue Roulade (GF)	€7.50
Raspberry Coulis (1, 5, 14)	
Crème Brûlée	€7.50
Biscotti (1, 5, 6, 7)	

BEVERAGES

Tea	€3.00
(Bewley's, Earl Grey, Darjeeling, Decaf, Herbal, Green)	
Coffee	
Americano	€3.50
Double Shot Americano Coffee	€3.70
Espresso	€3.50
Double Shot Espresso	€3.70
Latte	€3.80
Double Shot Latte	€4.20
Cappuccino	€3.80
Double Shot Cappuccino	€4.20
Decaf Coffee	€3.00
Irish Coffee	€8.00
French Coffee (Brandy)	€8.00
Calypso Coffee (Tia Maria)	€8.00
Swiss Coffee (Cointreau)	€8.00
Springfort Hot Chocolate	€3.80

SUNDAY LUNCH MENU

STARTERS

Thai Fishcake	€9.40
Harissa Mayo, Soy & Ginger Glaze <i>(1, 4, 5, 7, 12, 13)</i>	
Warm Chicken Caesar Salad	€9.50
Mixed Leaf Salad, Croutons, Parmesan Cheese, Bacon Bits <i>(1, 5, 7, 12)</i>	
Chefs Freshly Prepared Soup of the Day	€6.00
Brown Soda Bread <i>(5, 7, 9)</i>	
Golden Fried Soft Brie	€9.25
Red Currant Jam <i>(5, 7, 13)</i>	

MAIN COURSES

Madras Curry	Prawn - €20.00
Basmati Rice	Chicken - €19.00
8oz Steak Burger*	€17.70
Brioche Bap, Smoked Bacon, Applewood Cheese, Homemade Onion Rings, Pickles <i>(1, 3, 5, 7, 13, 14)</i>	
Thyme Marinated Chicken Supreme	€20.00
Winter Roast Vegetables, Herb Mash Potato & Rich Gravy, Roast Potato <i>(5, 9, 14)</i>	
10 oz Black Angus Sirloin Steak*	€28.50
Wild Mushrooms, Baby Spinach & Homemade Onion Rings <i>(Cooked to your liking)</i> <i>Served with Crispy Skinny Chips or Side Order</i> <i>(5, 7, 14)</i>	
Beer Battered Fish & Chips	€19.50
Petit Pois, Green Salad & Tartar Sauce <i>(Wheat free option available)</i> <i>(1, 7, 10, 12, 13)</i>	
Springfort Signature Beef*	€21.00
Feather Blade of Beef Slowly Braised for Twelve Hours Creamy Mash Potato & Chunky Roast Vegetables <i>(5, 9, 14)</i>	
Crispy Chicken Bap	€15.00
Brioche Bap, Chilli Mayo, Lettuce & Crispy Skinny Chips, Pickled Red Onion <i>(1, 5, 7, 13, 14)</i>	

VEGETARIAN & VEGAN COURSES

Spinach & Ricotta Ravioli	€19.50
Blue Cheese, Baby Spinach, White Wine Cream Sauce & Garlic Bread <i>(1, 5, 7, 14)</i>	
Vegan Madras Curry	€19.00
Lentil Dahl, Basmati Rice	

SIDE ORDERS

Crispy Skinny Chips / Seasonal Vegetables / Crispy Onion Rings
€3.50 per Portion

Sweet Potato Chips / House Salad
€4.50 per Portion

ALLERGENS

Listed below are the 14 major food allergens

1 – Eggs / 2-Lupin Products / 3-Sesame Products / 4-Soya Products / 5-Dairy Products /
6-Tree Nuts / 7-Gluten / 8- Peanuts / 9-Celery / 10-Crustaceans / 11-Molluscs / 12-Fish /
13-Mustard / 14-Sulphites

Please ask the server if you would like any further information regarding the dish of your choice.

***ALL OUR BEEF IS OF IRISH ORIGIN**

HOMEMADE DESSERTS

Warm Bramley Apple Deep Dish Pie	€7.50
Vanilla Ice Cream & Crème Anglaise (1, 5, 7)	
Baileys Cheesecake	€7.50
Chocolate Flakes (5, 7, 14)	
Flourless Chocolate Brownie (GF)	€7.50
Chocolate Sauce & Ice Cream (1, 5, 6)	
Lemon Curd Meringue Roulade (GF)	€7.50
Raspberry Coulis (1, 5, 14)	
Crème Brûlée	€7.50
Biscotti (1, 5, 6, 7)	

BEVERAGES

Tea	€3.00
(Bewley's, Earl Grey, Darjeeling, Decaf, Herbal, Green)	
Coffee	
Americano	€3.50
Double Shot Americano Coffee	€3.70
Espresso	€3.50
Double Shot Espresso	€3.70
Latte	€3.80
Double Shot Latte	€4.20
Cappuccino	€3.80
Double Shot Cappuccino	€4.20
Decaf Coffee	€3.00
Irish Coffee	€8.00
French Coffee (Brandy)	€8.00
Calypso Coffee (Tia Maria)	€8.00
Swiss Coffee (Cointreau)	€8.00
Springfort Hot Chocolate	€3.80